

FALL INTO SPIRITUALITY

A.A. Prayer & Meditation Workshop

“Step Eleven suggests prayer and meditation”

NOVEMBER 9, 2024

First United Methodist Church ~ Hines Hall ~ Use North Entrance

201 NW 2nd St., Bentonville, AR 72712

8 a.m. - 5:30 p.m.

WHO IS THIS FOR:

Members of A.A. and Al-Anon Family Groups

OVERVIEW - TOPICS & PRESENTERS:

* Our primary purpose is to grow spiritually and enlarge our spiritual lives

* Spiritual practices of the A.A. steps as suggested in our literature, the Alcoholics Anonymous “Big Book” and Twelve Steps & Twelve Traditions “12x12”

* Powerlessness, the effects of alcohol on the body, mind and spirit, personal development delay, value changes, development of a spiritual life. Discussion of the spiritual malady & what it means to turn our will and our lives over to God

Presented by Bobby B.

* Taking personal inventory, cleaning house, willingness to change & humility

Presented by Cotton P.

* Centering prayer + the role of reconciliation & forgiveness in expanding our spiritual life + the physical, emotional & spiritual power of daily prayer and meditation

Presented by Nick C.

REGISTRATION/RSVP DEADLINE: OCTOBER 31

MUST REGISTER TO GUARANTEE SEAT & LUNCH AS SPACE IS LIMITED!

BRING YOUR BIG BOOK, 12 X 12, A NOTEBOOK & PEN.

Scan QR Code to Register/Pay Now
via Venmo to Save Your Seat!
Lunch is Provided.



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If using Venmo to Pay, under
“What’s it for?” or
“Personalize Your Note”
please enter:
Your Name & Cell Phone #
to receive confirmation & info.

Cost: \$20 ~ including Workshop and Lunch

Payments accepted via Venmo (use QR code) or by mailing a check w/your contact info to:
7009 W Inglewood Court, Rogers 72758

Questions? Contact one of the workshop coordinators:

Jeff O. 479-936-1747 / Cindy P. 479-633-2011 / Stacy A. 870-204-2004

Presented by Sunday Morning Serenity Group