

FALL INTO SPIRITUALITY

A.A. Prayer & Meditation Workshop

SAVE THE DATE

NOVEMBER 9, 2024

“Step Eleven suggests prayer and meditation.”

Our primary purpose is to grow spiritually and enlarge our spiritual lives. How we do it is suggested in our books, Alcoholics Anonymous “Big Book” and Twelve Steps & Twelve Traditions “12x12”.

During this workshop, we will focus on the spiritual practices of the A.A. steps, self-examination, prayer and meditation.

* Bobby B. and Cotton P. will guide us on using prayer and meditation in working the steps.

* Nick C. will introduce us to Centering Prayer. Registration opens 9/1/24. More info to come in August.

**First United Methodist Church ~ Hines Hall
201 NW 2nd St., Bentonville, AR 72712
8 a.m. - 5:30 p.m.**

Presented by Sunday Morning Serenity Group

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